

January Calendar

The Joyful Play Project

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



01
Party shooters
out of toilet paper
rolls and balloons

02
Play a card game

03
Indoor "snowball"
fight

04
Indoor car wash
with toy trucks in
the bathtub

05
Neighborhood
walk to look for
animal tracks

06
Read a story and
draw what you
hear

07
Sock skating

08
Pull out a favorite
board game

09
Toilet paper roll
binoculars &
search for winter
animals

10
Shadow art

11
Story stones

12
Write a letter to a
friend and mail it

13
Make paper
crowns and come
up with rules for
your kingdom

14
Make a treasure
Map

15
Flashlight hide
and seek

16
Shaving cream
and food coloring
bath paint

17
Musical chairs
with construction
paper
colors/shapes

18
Read a favorite
story and make a
dinner inspired by
it

19
Make Musical
Instruments from
Nature

20
Build a Mini
Obstacle Course

21
Identify the trees
in your yard

22
Come up with
your own yoga
poses and names

23
Hot chocolate
taste test

24
Puzzle picnic

25
Family karaoke
night

26
Make a Family
Time Capsule

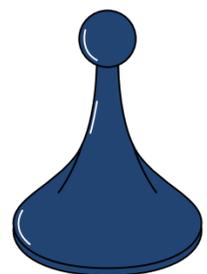
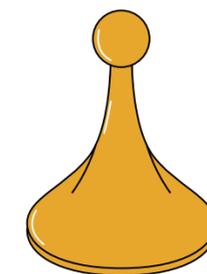
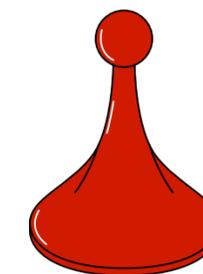
27
Story Swap

28
DIY mini golf

29
Nature scavenger
hunt

30
Blanket fort
theater

31
Indoor Beach



January Calendar Guide

The Joyful Play Project

Supplies

Craft + Art Supplies

Empty toilet paper rolls (save several)
Balloons
Tape
Glue or glue stick
Scissors
String or yarn
Popsicle sticks
Construction paper or cardstock
Regular paper or printer paper
Crayons, markers, or colored pencils
Food coloring
Tea or coffee (for staining paper)

Games + Play Materials

Soft balls or balled-up paper
Flashlight(s)
Cups (for mini golf holes)
Ball (ping pong ball or small soft ball)
Stick, spoon, or toy club (for mini golf)

Kitchen + Snack Items

Hot chocolate mixes or toppings
Mugs and spoons
Snacks for picnic
Recipe and Ingredients for your book meal

Activity Details

Indoor “snowball” fight

Use balled-up paper, socks, or soft balls.

Story stones

Gather small rocks and decorate with markers or paint, then make up stories.

Shadow art

Flashlight or lamp plus paper and popsicle sticks to make puppets.

Story Swap

Each person starts a story, then passes it to the next person to continue.

DIY mini golf

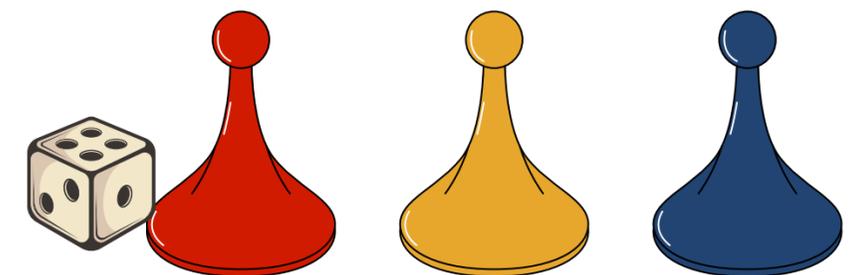
Use cups for holes and household items as obstacles.

Blanket fort theater

Build a fort and turn it into a movie or reading nook.

Indoor Beach

Spread out towels, put on swimsuits, and play beach music.
Fill a bin or tray with sand or kinetic sand for digging



Nature Scavenger Hunt

The Joyful Play Project



- Red Berries
- One Snowflake
- Leaf
- Clouds
- Someone wearing a hat
- Pine branch
- Pinecone
- Mushroom
- Trees (with or without snow)
- Shovel
- Snowman
- Squirrel
- Animal Tracks
- Bird
- Seeds
- Acorn